



KADAM

A stride forward...

(MONTHLY NEWSLETTER BY ANKUR SCHOOL)

JUNE & JULY 2025

GOLDEN JUBILEE YEAR: - MARCH 2025 - MARCH 2026

INTERNATIONAL YOGA DAY

On the occasion of International Yoga Day, a special yoga session was organised for students, teachers and staff. The event aimed to promote physical and mental well-being, discipline and inner peace among the participants. Expert yoga instructors led the session, guiding participants through various asanas and breathing techniques. Students from different classes participated enthusiastically, showcasing their yoga skills and creativity. The event concluded with a meditation session, promoting mindfulness and relaxation. The Principal Mrs. Aruna Dhiman said that the school is committed to provide a holistic education that fosters physical, emotional and intellectual growth among its students.



GOLDEN JUBILEE CELEBRATIONS : INTER SCHOOL COMPETITIONS

ENHANCING LEARNING BY COLLABORATION

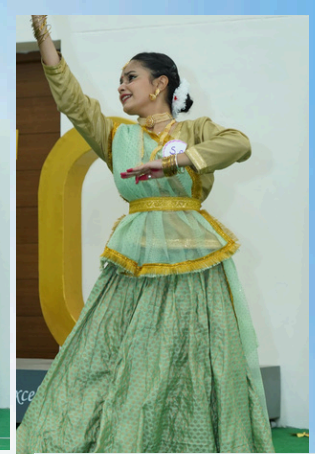
FANCY DRESS

Inter-School Fancy Dress Competition: Held on July 9, 2025, this event saw participation from 60 students across Tricity schools. The competition featured themes tailored to different age groups, promoting creativity and talent among young students. The Principal emphasized the role of such events in fostering environmental concerns and creativity in formative years of students.





DANCE FIESTA



Dance Fiesta: On July 22, 2025, Ankur School hosted an Inter-School Folk Dance and Classical Competition. The event featured 95 students from 24 schools showcasing traditional dance forms like Garba, Bhangra, Bharatanatyam, and Kathak. The winners included Anaya from Carmel Convent School in Solo Junior Classical, Snehpreet from Ankur School in Solo Senior Classical, and Ankur School itself in Folk Group Dance.



LITERARY FEST



Literary Fest: The Inter-School Literary Fest was held on July 26, 2025. The event saw 110 students from 25 schools participating in debate, poster making and essay writing. Winners included Veda Mahajan from Mount Carmel School in Essay Writing Category 1, Simranjeet Kaur from Ankur School in Essay Writing Category 2, and Arshia from Ankur School in Debate in Favour, among others.



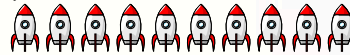
These events demonstrate Ankur School's commitment to fostering creativity, talent and intellectual growth among its students and peers from other schools.



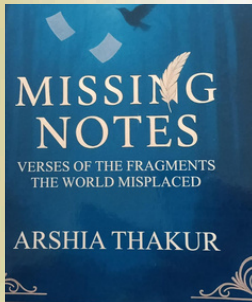
INKINGS FROM ARSHIA- A CLASS X STUDENT



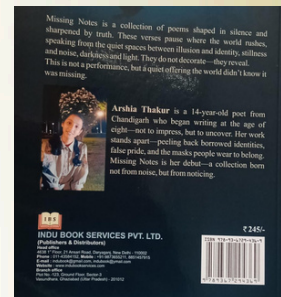
My selection for ISRO's YUVIKA 2025, held from 19th May to 30th May in Bengaluru, was a life-changing experience. The program was inaugurated virtually by ISRO Chairman Dr. V. Narayanan, who inspired us to dream big and contribute to science. Each day began with energizing yoga sessions and ended with exciting space experiments. We explored satellites, launch vehicles, and missions like Chandrayaan, Mangalyaan, and Gaganyaan, and even witnessed the Gaganyaan (ISRO's first manned mission) crew module at URSC. Visits to URSC, ISITE, ISTRAC, LEOS, and JN Planetarium enriched our knowledge.



A thrilling highlight was watching a live sounding rocket launch from TERLS and decoding real satellite data via HAM radio. We built model rockets and drones, did stargazing, and interacted with legends like Dr. M. Annadurai, astronaut Angad Sir, and scientists in Antarctica. What touched me most was the humility of ISRO scientists—their simplicity and grace left a deeper impact than even the most advanced experiment. As an ISRO Student Brand Ambassador, I proudly carry forward its spirit of humility and innovation.



She has published her debut poetry collection MISSING NOTES featuring 55 poems that beautifully explore a wide range of human emotions and life experiences. Her book is divided into meaningful sections like Backwards, Wilted, Unfiltered and Divine reflecting themes of memory, sorrow, resilience, identity, nature and spiritual growth. The Principal and staff congratulated Arshia on her exceptional achievement as she has made her school and parents proud.



INNER PEACE

On 5th July 2025, a spiritual and motivational session was conducted by the Brahma Kumaris for the teaching staff. Led by Sister Preeti, the session focused on inner peace, positive thinking and stress management, leaving all participants feeling refreshed and inspired. On 30th July 2025, the Brahma Kumaris celebrated Raksha Bandhan with the staff. Rakhis were tied as a symbol of peace, protection and brotherhood. Sweets were distributed, adding a touch of festive joy to the day.



INTERNSHIP ENHANCES STUDENTS' PSYCHOLOGICAL INSIGHT



A Psychology Internship Programme was conducted for Class XII students from June 2 to 7, 2025 at Fortis Hospital, Mohali.

The students gained practical exposure to counselling skills and psychological concepts through engaging lectures and activities. The programme offered valuable insight into the field of mental health. The group was accompanied by their Psychology teacher, Ms. Erolina Rodrigues.





POPULATION DYNAMICS AND LEGAL AWARENESS



On July 11, 2025 the Legal Literacy Club of Ankur School organized a talk show on World Population Day, featuring resource persons Mr. Siddharth, Ms. Anjali and Ms. Saanvi from the University Institute of Legal Studies, Panjab University, Chandigarh. The event aimed to raise awareness about population-related issues, promoting legal literacy and informed discussions among students. Through this engaging session, students gained valuable insights into the complexities of population dynamics, legal perspectives and the importance of sustainable development.



LOOK A BOOK



On July 19, 2025, Ankur School's Library hosted a book donation drive, where parents and students enthusiastically participated and collected a wide range of useful books, magazines and booklets (around 200). This initiative promoted literacy, reading habits, community involvement and fostering a culture of sharing and learning.



VAN MAHOTSAV : GREENING THE FUTURE



Ankur School actively celebrated environmental stewardship through a series of events under the umbrella of Van Mahotsav 2025, fostering ecological awareness and responsibility among students, staff and parents. The celebrations began on July 5, 2025, with the Penguin Eco Club initiating eco-friendly activities across different wings of the school. Students enthusiastically participated in a plantation drive, where saplings were planted and tagged with QR codes containing information about the tree species, their benefits and care guidelines. This innovative approach helped students understand biodiversity and sustainability in a meaningful way. The celebrations continued on July 11, 2025, with impactful street plays and skits performed by students, spreading strong messages on conservation. A human chain formation was also created, symbolizing collective responsibility towards protecting nature. Adding a joyful and touching dimension to the celebration, the event extended to the Nilaya Day Care Centre, where young children planted trees in honour of their mothers, instilling green values from an early age. The momentum culminated on July 25, 2025, with a grand Tree Plantation Drive organized in collaboration with the Penguin Eco Club and the Legal Literacy Club on the theme "Each Tree - A New Beginning." The event was graced by Sh. Sudhir Kumar (Advocate) and Sh. Kulwinder (PLV), who guided and encouraged students during the plantation. A special oath-taking ceremony was held, where students and teachers pledged to adopt eco-friendly practices in their daily lives and commit to the protection of the environment. Principal Ms. Aruna Dhiman inspired all the participants with her words: "Let's plant, nurture and protect trees for a greener tomorrow."



ACTIVITIES OF THE MONTH



NATURE WALK



मात्रा सीखें



HEALTHY TIFFIN



CATERPILLAR RACE



PARTS OF COMPUTER



TIE AND DYE



BLUE COLOUR DAY



GROUP DISCUSSION ON ENVIRONMENT



THROW THE DICE AND FIND SUM



LIVING AND NON-LIVING THINGS



FAVOURITE FRUIT



PROPERTIES OF MAGNET



FUN WITH WATER



PUNJABI ACTIVITY



DOLPHIN ACTIVITY



SARDAR UDHAM SINGH JI



GOOD & BAD TOUCH





**BURNING OF
MAGNESIUM**



**MEDICINAL USES OF
PLANTS**



FRUIT AND VEGETABLE RECOGNITION



SHOW AND TELL



DIGITAL LESSONS



RAINY DAY



DAILY SUGAR CONSUMPTION



ACCOLADES



KARATE CHAMPS

Adeera (Class IV) and Anaadi (Class VII) achieved notable success at the Karate Fight League, an international-level tournament held in Solan, Himachal Pradesh. Adeera emerged victorious with a gold medal, while Anaadi earned a commendable bronze, both in their respective fight categories.

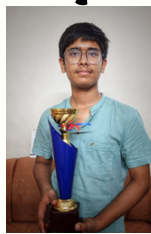


CHESS CHAMP

Dishant Bansal of Class IX made the school proud with his outstanding performance in two open chess tournaments. He secured the 4th prize at the Open Chess Championship held on July 12-13, 2025, at DLF Mall, Chandigarh, winning 5 out of 6 matches among nearly 300 participants. He continued his success by securing the 8th rank at the Open Chess



Tournament in Jalandhar on July 26-27, 2025, scoring 7 out of 9 points and winning a cash prize, further climbing the national chess rankings.



SAMRAT'S TRIUMPHANT WIN

Rudraaniket Samrat, of Class IV from Ankur School, won top honours in two prestigious badminton tournaments. On June 28-29, 2025, he secured first place in the Boys Doubles Under-11 category at the First Open Badminton Tournament held at Lefty's Badminton Smashers Academy, Mohali. Samrat was awarded a trophy, badminton kit bag, certificate, and three discount coupons.

Continuing his winning streak, Rudraaniket participated in the KOMPT Badminton Tournament 25'-2 on July 26-27, 2025, held at the Sports Complex, Sector 7, Chandigarh. Competing in the Under-11 age category, he once again secured first place, earning a gold medal, certificate and a gift bag containing useful items.



Principal Ms. Aruna Dhiman congratulated Rudraaniket on his outstanding achievements and extended her best wishes for his future endeavours.





THE YOUNG ARTIST



Mannat a student of Class II, won the First Prize in the Junior Category at the Inter-School Art Competition held on July 3, 2025, at the Chandigarh Judicial Academy.

The theme "India of My Dreams" showcased Mannat's exceptional creativity and imagination, bringing honour to the school. Headmistress Ms. Savita Sharma lauded her for her exemplary achievement and wished her all the best for her future endeavours.



A STELLAR SHOWCASE OF ACADEMIC EXCELLENCE



Students of Ankur School have brought laurels to the institution with their remarkable achievements in various Olympiad examinations. In the International Mathematics Olympiad (IMO), eight students earned Certificates of Merit at Level 2, reflecting their strong analytical and problem-solving skills.

The National Science Olympiad (NSO) witnessed outstanding performances as well, with nine students securing Certificates of Merit at Level 2. Additionally, one student was honoured with a Certificate of Zonal Excellence at Level 2 – a notable accomplishment.



In the International English Olympiad (IEO), four students showcased their linguistic abilities and received Certificates of Merit at Level 2. A special mention goes to Roopwanti of Class IV, who achieved a Certificate of Zonal Excellence at Level 1 in the International Social Science Olympiad (ISSO) and was awarded a ₹500 gift voucher by the Science Olympiad Foundation.



VICTORIOUS KICKS



Inter-school karate tournament was held at Sports Complex Sector 56, Chandigarh from July 22-31, 2025.

GOLD MEDALISTS

CLASS 9: KRITIKA

CLASS 10: CHARVI

CLASS 8: AARAV



SILVER MEDALISTS

CLASS 10: DEEPROY

CLASS 7: ANUSHKA

CLASS 9: MRIDUL



BRONZE MEDALISTS

CLASS 6: AYAAN, YORICK

CLASS 7: SIDDHI, SHWETA, LUVISH

CLASS 8: KUNJAN, HARSHITA

CLASS 9: SEERAT, DAKSHITA,

CLASS 10: VAIBHAV

-CLASS 12: AAYUSH



The event was graciously inaugurated by the Principal, Ms. Aruna Dhiman, during an opening ceremony on July 29, 2025.



Reviews of students who had attended ISRO YuViKa Programme 2025



From Left to Right : Arshia Thakur Of Ankur Senior Secondary , Sanat Kumar
of Tender Heart School and Shreyas Sahi, Kendriya Vidyalaya

प्रथम चंडीगढ़ ट्राइसिटी स्टेट पचीसी गेम
चैम्पियनशिप 2025-26 आयोजित



डिगड, 27 मई। पंजाब विश्वविद्यालय, सेक्टर 14 चंडीगढ़ के अतिरिक्त निम्नलिखित स्कूलों में प्रथम चंडीगढ़ ट्राइसटी स्टेट पचीसी में चैंपियनशिप 2025-26 के समापन समारोह के दौरान डॉ. राखेल सिंह, निदेशक खेल, पंजाब विश्वविद्यालय, सेक्टर 14 चंडीगढ़ मौजूद थे। उन्होंने विजेताओं को पुरस्कार प्रदान किए। यह चैंपियनशिप पचीसी गेम फेडरेशन (भारत की एक राष्ट्रीय संस्था) के तत्वावधान में आयोजित की गई थी, जो एशियाई पचीसी फेडरेशन और अंतर्राष्ट्रीय पचीसी फेडरेशन से संबद्ध है। इस स्टेट चैंपियनशिप के उद्घाटन समारोह में, दौरान अंकुर स्कूल की प्रिंसिपल श्रीमती अरुणा धीमान मुख्य अतिथि थीं। इस स्टेट चैंपियनशिप में कुल 28 टीमों ने भाग लिया है। अतिरिक्त, रिणाम के अंतर्गत वरिष्ठ पुरुष समूह में डीएवीएसएसएस, सेक्टर - 8 42 स्कोर, चैंपियंस क्लब- 485 स्कोर, एस स्पोर्ट्स क्लब- 44 स्कोर रहा। वरिष्ठ महिला समूह में एस स्पोर्ट्स क्लब- 634 स्कोर, अंकुर स्कूल- 565 स्कोर, चंडीगढ़ वॉरियर्स- 537 स्कोर रहा। जूनियर बालक मूह में अंकुर स्पोर्ट्स अकादमी- 452 स्कोर, टॉक्सोफिलाइट क्लब- 85 स्कोर, जोश क्लब- 349 स्कोर रहा। सब जूनियर लड़कों के मूह में अंकुर स्कूल- 245 स्कोर, अंकुर स्पोर्ट्स अकादमी- 19 स्कोर, फ्रेंड्स क्लब- 185 स्कोर रहा। मिक्स सीनियर ग्रुप में एस स्पोर्ट्स क्लब- 432 स्कोर, चैंपियंस क्लब- 398 स्कोर, वॉरियर्स क्लब- 37 स्कोर रहा। मिक्स मास्टर्स ग्रुप में मुद्रा नृत्यशाला, सेक्टर 7 बी - 47 स्कोर और महर्षि दयानंद पब्लिक स्कूल, दरिया - 458 स्कोर रहा। इंटर्मीडिएट स्कोर में यंग वॉरियर्स- 432 स्कोर और स्पोर्ट्स क्लब- 38 स्कोर रहा। मास्टर्स महिला समूह में और बी ग्रुप- 398 स्कोर और अंकुर स्पोर्ट्स क्लब- 254 स्कोर रहा।

ਪੰਜਾਬ ਯੂਨੀਵਰਸਿਟੀ ਦੇ ਅੰਕੁਰ ਸਕੂਲ 'ਚ ਸਾਹਿਤਕ ਮੇਲੇ ਦੌਰਾਨ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸਨਮਾਨਿਤ ਕਰਨ ਤੋਂ ਬਾਅਦ ਸਾਂਝੀ ਤਸਵੀਰ ਕਰਾਉਂਦੇ ਹੋਏ।

ਪੰਜਾਬ ਯੂਨੀਵਰਸਿਟੀ ਦੇ ਅੰਕੁਰ ਸਕੂਲ 'ਚ ਸਾਹਿਤਕ ਮੇਲਾ ਕਰਵਾਇਆ

ਚੰਡੀਗੜ੍ਹ, 26 ਜੁਲਾਈ (ਮਾਨਕਰਾ)-
ਪੰਜਾਬ ਸੁਰੱਖਿਆਵਿਧੀ ਚੰਡੀਗੜ੍ਹ ਦੇ ਅੰਦਰ
ਸਥਿਤ ਵਿਦਿਅਕ ਇੰਸਟੀਚਿਅਤਾਂ ਵਿੱਚ ਅੱਜ
ਤਰਫ਼ਦਾਰੀ ਲਿਆ। ਇਸ ਵਿੱਚ 25 ਸ਼ੁਕਰਾਣੇ
ਤੋਂ 120 ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਭਾਗ
ਲਿਆ। ਪੰਜਾਬ ਸਰਕਾਰ ਦੇ ਸੱਚੇ
ਮਿਤਰ ਪ੍ਰੋਗਰਾਮ ਦੇ ਅਧੀਨ ਇਹ
ਕਾਰਜਕਾਰੀ ਹੈ। ਇਸ ਲਿਖਤ ਨੂੰ
ਸਹਿਯੋਗ ਵਿਚਾਰ-ਵਟੋਦਾਰੀ ਦੇ ਪ੍ਰਭੂ ਸਮੇਂ
ਪੰਜਾਬ ਵਿੱਚ। ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਅਪਣੇ

ਸਥਾਨਾਂ ਦੇ ਜਵਾਬ ਸ਼ੁਰੂ ਹੋ ਗਏ। ਅੱਜ
ਲਿਖਤ ਦੇ ਅੰਦਰ ਸੱਚੇ ਮਿਤਰਾਂ ਨੇ
ਪ੍ਰਾਪਤ ਹੋਏ। ਇਹ ਮੁਕਾਬਲਾ ਹੈ।

**ਮੇਲਾ 'ਚ 25 ਸ਼ੁਕਰਾਣੇ ਤੋਂ
120 ਵਿਦਿਆਰਥੀਆਂ
ਨੇ ਹਿੱਸਾ ਲਿਆ**

ਕੋਈ ਮੁਕਾਬਲਾ ਵਿਦਿਆਰਥੀਆਂ ਲਈ
ਲਿਖਤ ਦੇ ਪੰਨਿਆਂ ਸਮੇਂ, ਸਿੱਖਿਆ

ਕੋਰ (ਅੰਗਰੇਜ਼ੀ ਸ਼ੁਕਰਾਣੇ ਸੱਚੇ ਮਿਤਰ 'ਚ ਸ਼ੁਕਰਾਣੇ
ਸਥਾਨ, ਅੰਗਰੇਜ਼ੀ ਅੰਗਰੇਜ਼ੀ ਸਥਾਨ)
ਵਿੱਚ ਪੰਨਿਆਂ, ਅੰਗਰੇਜ਼ੀ ਅੰਗਰੇਜ਼ੀ ਅੰਗਰੇਜ਼ੀ
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ਦੇ ਅੰਗਰੇਜ਼ੀ ਅੰਗਰੇਜ਼ੀ ਪੰਨਿਆਂ। ਪੰਨਿਆਂ
ਸਥਾਨ ਵਿੱਚ ਪੰਨਿਆਂ, ਅੰਗਰੇਜ਼ੀ
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120 खिलाड़ियों को हराकर बिनायक,
सिद्धार्थ और लशाय बने विजेता



मिलेनियम स्कूल में आयोजित चैंपियनशिप के विजेता खिलाड़ी • जागरण

जागरण संवाददाता, मोहाली : फेज-5 स्थित मिलेनियम स्कूल में रविवार को आयोजित 9वीं एससीए ओपन कैश प्राइज चेस चैंपियनशिप में चार अलग-अलग आयु वर्गों में मुकाबले हुए, जिसमें देशभर से 120 से अधिक खिलाड़ियों ने भाग लिया। अंडर-9 कैटेगरी में श्रेष्ठ ने पहला स्थान हासिल किया, मोक्षिता दूसरे और सलाह ने तीसरे स्थान पर रहे। वेस्ट गर्ल का खिताब गिरिशा बंसल को मिला।

मिलेनियम स्कूल मोहाली में 9वीं एससीए ओपन कैश प्राइज चेस चैंपियनशिप का आयोजन

जोता। वेस्ट गर्ल श्रीहान रही। ओपन कैटेगरी में विनायक ने शानदार प्रदर्शन करते चैंपियनशिप जीती।

सत्यजीत दूसरे और दिशांत तीसरे

अंडर-13 वर्ग में सिद्धार्थ पहले, कक्षा दूसरे और दिव्या प्रताप तीसरे स्थान पर रहे, जबकि ओमवर्षा ठाकुर को वेस्ट गर्ल चुना गया। अंडर-17 में तराश्या ने गोल्ड, विहान गुप्ता ने सिल्वर और आयुष ने ब्राज मेडल स्थान पर रहे। वेस्ट गर्ल वॉशिका को घोषित किया गया। आयोजन में निदेशक एवं इंटरनेशनल चेयरमैन खिलाड़ी साहित्य गर्ग ने बताया कि वे हर दो महीने में प्रतियोगिता आयोजित करते हैं।

मिलेनियम स्कूल मोहाली में 9वीं एससीए ओपन कैश प्राइज चेस चैंपियनशिप का आयोजन

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सत्यजीत दूसरे और दिशांत तीसरे स्थान पर रहे। वेस्ट गर्ल वंशिका को घोषित किया गया। आयोजन के निदेशक एवं इंटरनेशनल चेस खिलाड़ी साहिल गर्ग ने बताया कि वे हर दो महीने में प्रतियोगिताएं आयोजित करते हैं।

यंग साइंटिस्ट प्रोग्राम में चंडीगढ़ के 8 स्टूडेंट्स